



**SPIRIT OF  
ADVENTURE  
TRUST**

---

## **Inspiration Voyage**

**2014 APPLICATION PACK**

[www.spiritofadventure.org.nz](http://www.spiritofadventure.org.nz)

[info@spiritofadventure.org.nz](mailto:info@spiritofadventure.org.nz)

0800 4 SAILING (472-454)



## WELCOME ABOARD!

Thank you for expressing an interest in our 5-Day Inspiration Voyage, a unique programme for physically challenged young New Zealanders. You are now on your way to experience an adventure of a lifetime, as a Trainee onboard our tall-ship, Spirit of New Zealand.

You will notice that we refer to participants who sail on our Inspiration Voyage as Trainees, this is because Spirit of New Zealand is a training ship. There are still a few things you need to do before sailing with us, so please read and complete the following information and forms carefully.

If you would like help or have any questions on the process, please don't hesitate to contact the Spirit office, our contact details are at the bottom of each page. We look forward to seeing you onboard soon!

## WHAT IS THE SPIRIT OF ADVENTURE TRUST?

The Spirit of Adventure Trust was established to provide the youth of New Zealand with access to a character development programme conducted in a maritime environment. Our voyages are seen as a unique environment for youth development, where the focus of learning for the Trainees is on team-work and developing skills of communication, self-reliance, self-discipline, self-esteem, resilience, confidence and leadership. Learning to sail a tall ship is a means to an end, rather than an end in itself.

The topsail schooner Spirit of Adventure, gifted to the nation by Lou Fisher, was commissioned in 1973. She sailed a heavy schedule around the New Zealand coast until 1997, when she was sold for tourism work in Fiji.

The three-masted barquentine Spirit of New Zealand was commissioned in 1986, and since the retirement of the Adventure, has undertaken an annual programme of around 340 days at sea. She is believed to be probably the world's busiest youth ship.

Each year between 1,000 and 1,200 young people aged 15-18 years, from a wide range of ethnic and social backgrounds throughout the country, participate in the 10-Day Youth Development Voyage. In the past 40 years, more than sixty-thousand young people have taken part.

## 5-DAY INSPIRATION VOYAGE - creating opportunities and overcoming challenges

Each year, with generous support and sponsorship from the Lions Clubs of New Zealand, spearheaded by the Karori Lions Club, Spirit of Adventure Trust is able to take 30 physically challenged young people to sea on a special 5-Day voyage. These 30 young people, aged between 16 and 20 years, come from all over New Zealand and are selected by referrals from schools and organisations.

### Creating opportunities

They are split into four groups with up to three experienced buddies assigned to them. The emphasis of this programme is to provide Trainees the opportunity to face challenges outside their usual boundaries, gaining confidence and achieving things that previously might have looked impossible.

### Different challenges

On every one of these voyages, we see so many Trainees overcome their fears and doubts. The challenges are different for everyone; for some it is climbing the mast, for others jumping in for the morning swim instead of climbing down the ladder, for others it is simply living in a group situation.

The buddies on these voyages do a great job of making things possible for the Trainees; however, it is most impressive to witness the Trainees themselves helping each other out. This is demonstrated in so many ways; from translators who sign for those who are deaf, to picking up something that was dropped, or making space for someone who could not stand for long periods.

### Making an impact

The noticeable impact these five days have on the lives of each Trainee is radiated through their attitudes, their behaviours and the friendships they have made. Hear what some of our past Trainees have said about their Inspiration Voyage experience:

"It was really inspiring seeing how different people are affected by their disabilities, and how they engaged themselves on the ship. One of the highlights of my voyage was getting a chance to work with a wide variety of people from all walks of life. It was about co-operation. You have to adapt quite a lot on a voyage like this, but it's set-up in a way that people can push themselves in a really supportive environment." *Dan Ajello, past Trainee*

"The voyage was challenging. It was an experience that built my confidence and challenged me a lot. I had so much fun out on the sea with a group of strangers that became my friends. I treasure the memories I made on that voyage. The Spirit helped me to achieve something I thought I couldn't do. I learned that I could set goals for myself and could achieve them." *Phillipa Gray, Paralympian and Inspiration Spirit Ambassador*



## 2014 VOYAGE INFORMATION

- 1. Age Range**  
16-20 years of age
- 2. Voyage Fee and Deposit**  
\$400.00 including travel - this may be covered by five carer support days  
Deposit of \$100.00 is required with your application
- 3. Departure Date**  
Tuesday 28 January 2014 | Joining at Princes Wharf Auckland at 10am
- 4. Return Date**  
Saturday 1 February 2014 | Arriving at Princes Wharf Auckland at 12 noon

## ORGANISATION AND SUPPORT

Young people from all over New Zealand are partnered with a support person (usually one to three participants). Support personnel are recruited from experienced Spirit Voyagers who have sailed on a 10-Day Youth Development Voyage and who know the voyage process. They offer support and personal assistance to the Trainees as required.

## PHYSICAL CRITERIA

### Applicants should:

- ▲ Be mobile and able to negotiate stairs (with a little help required)
- ▲ Have reasonable balance and hand movements to enable them to participate in sailing the ship
- ▲ Be fairly robust and not easily prone to pressure sores
- ▲ Be able to understand and respond quickly to safety instructions
- ▲ Be able to stay focused on a job and be prepared to be a part of a team
- ▲ Process and follow multiple instructions

### The voyage is not suitable for applicants:

- ▲ That require full time, one-on-one assistance
- ▲ With epilepsy unless they have been off medication and free of seizures for two years
- ▲ With incontinence problems of any degree, because of the close sleeping quarters, restricted toilet and shower areas, and a lack of laundry facilities
- ▲ That uses a wheelchair, unless they are able to stand and walk a little (with assistance if necessary) and climb into a small toilet with a six inch step

**Note:** this voyage is not suitable for people who are mentally impaired.

## MEDICAL

Applicants who are initially selected, **will be sent a medical assessment form** that must be completed by a doctor confirming the applicant's medical condition and suitability for the voyage. Final confirmation of the berth will be given after receipt of a signed medical assessment form that meets our criteria.

## VOYAGE FEE AND DEPOSIT

- ▲ \$400.00 - we are fortunate to have sponsorship which helps to equalise the cost of travel
- ▲ A deposit of \$100.00 is required with the application, with the balance of \$300.00 to be paid if application is accepted  
-this deposit will be refunded if the participant is not accepted on the voyage
- ▲ If parents or caregivers are eligible for Carer Support, please enclose a signed Carer Support form for five days care from the paying agency
- ▲ Funding may be available through the Halberg Trust Sport Opportunity Fund - visit [www.halberg.co.nz](http://www.halberg.co.nz) for more information



## NOMINATORS

- ▲ Please nominate young people who are at a stage where they would benefit from this experience
- ▲ Please ensure that parents/caregivers carefully complete the Trainee application form
- ▲ Full background details from the person making the referral are essential for the selection process - the more information we have, the easier the selection
- ▲ Every effort will be made to give a fair distribution of berths throughout the country
- ▲ Please do not refer applicants who have already participated in a voyage
- ▲ Incomplete applications will not be accepted

## TRAVEL TO AND FROM THE SHIP

- ▲ When final payment has been received, travel arrangements will be made and paid for by the Spirit of Adventure Trust
- ▲ Trainees residing within 150kms of the departure/arrival port are required to find their own way to the ship
- ▲ Travel will be by bus if within 250km radius of the departure/arrival port (unless air travel is more economically viable), and by air if outside that radius
- ▲ All Trainees will be met at point of arrival and accompanied to the ship
- ▲ If the Trainee chooses an alternative form of travel from that organised by the Trust, they must meet the cost themselves
- ▲ Once the travel has been booked, any changes will be at the Trainee's expense
- ▲ If transport is not required, please indicate on the application form
- ▲ Airport shuttle fares (normally approx \$25) from the bus or airport terminals, and cost of meals to and from the ship, must be paid for by the Trainee

## CHECKLIST

Have you done the following:

- All questions completed on Enrolment Form
- Completed the Payment Form
- Enclosed a \$100.00 deposit
- Read and signed the Terms and Conditions
- Completed and signed the Nomination Form
- Carer Support Form included (if applicable)

## DEADLINE

We have to recruit support personnel and arrange travel well in advance, so please ensure that applications are returned **by Thursday 31 October 2013**.

### PLEASE RETURN COMPLETED FORMS TO:

**Spirit of Adventure Trust**

POST: PO Box 2276, Shortland Street, Auckland 1140

FAX: 09-379 5620

EMAIL: [info@spiritofadventure.org.nz](mailto:info@spiritofadventure.org.nz)



APPLICATIONS CLOSE **THURSDAY 31 OCTOBER 2013**

**Voyage No:** 656INS **Dates:** 28 January - 1 February 2014 **Port:** Princes Wharf, Auckland

**TRAINEE DETAILS**

Name of Trainee: ..... Date of Birth: .....  
First Names Last Name Day Month Year

Female  Male  Trainee Weight: ..... kgs Trainee Height: ..... cms

Address: .....

Region: ..... Post Code: .....

Home Phone: (.....) Trainee Mobile: (.....)

Trainee Email: .....

Name of Parent/Guardian: ..... Parent/Guardian Work Phone: (.....)

Parent/Guardian Mobile: (.....) Parent/Guardian Email: .....

Ethnicity—Which ethnic group do you belong to? (please note this is for statistical purposes only)

NZ European  Maori  Pacific Island  Asian  Other (please state) .....

Name of School / Work: .....

**MEDICAL DETAILS**

Note: If you are selected to participate on this voyage, a full medical assessment form will be sent to you, which must be completed by a medical examiner.

Type of disability (please give full details) .....

Please tick yes or no to the following questions:

- | Yes                      | No                       |                                    |   |
|--------------------------|--------------------------|------------------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have a history of epilepsy? | If yes, when was the last seizure? ..... Do you take medications? ..... |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you use a wheelchair?           | If yes, can you stand and walk? .....                                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you use a walking aid?          | If yes, please state type: .....  |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you need help with toileting?   |   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you need help with showering?   |   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you need help with feeding?     |   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you need help with dressing?    |   |
| <input type="checkbox"/> | <input type="checkbox"/> | Can you swim?                      | If yes, how far? .....  |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have any allergies?         | If yes, please give details: .....                                      |
| <input type="checkbox"/> | <input type="checkbox"/> | Is your tetanus up to date?        |   |

Are your hand movements: Good  Fair  Poor

If you take any medication, please state type and dosage here: .....

If visually impaired, please state amount of assistance required: .....

If hearing impaired, please state preferred method of communication: .....

Please state any other special requirements concerning care and safety: .....



### TRAINEE DETAILS

Name of Trainee: ..... Date of Birth: .....  
First Names Last Name Day Month Year

### PAYMENT OF DEPOSIT

Deposit of \$100.00 - this is required NOW with your Enrolment Form

### VOYAGE FEE AND SUPPORT *Please tick applicable boxes*

On acceptance of my application, I am able to pay the remaining \$300.00 of my subsidised voyage fee including my travel costs

I would also like to contribute towards my travel costs Amount: \$.....

I am able to make a donation to the Spirit of Adventure Trust of: \$25 \$50 \$100 \$250  
*(Any donation over the subsidised fee of \$400 is tax deductible)*

Would you like a receipt? Yes / No

### PAYMENT INSTRUCTIONS *Please tick applicable box*

Direct Credit Payment BNZ 02 0108 0095494 00  
Please indicate date of direct credit payment: Date: ..... Amount: \$.....  
Reference Trainee surname and voyage number Day Month Year

Credit Card Payment  
Please either enter details below, or phone the Spirit office on 09-373 2060 with details.  
Card Number: ..... Expiry date: .....

Name on Card: ..... Amount: \$.....  
For payments of \$200.00 or more, a \$5.00 transaction fee applies.

Cheque Payment  
Please make your cheque payable to Spirit of Adventure Trust and attach to this enrolment form.

### BALANCE OF FEES

If your application is successful, an invoice will be sent out to you **eight weeks before your voyage** for the balance of your Voyage Fees.  
This invoice will be due for payment **six weeks before the voyage sails**.

Please indicate how the balance of your fees are to be invoiced: *You can tick more than one box*

Family: \$.....

School: \$.....

Name of School: ..... Principal/Nominator (signed): .....

Organisation: \$.....

Name of Organisation: ..... Organisation Representative (signed): .....



**PAYMENT OF FEES**

A deposit of \$100.00 MUST accompany this enrolment form with the balance of payment to be made **six weeks before the voyage**. Please refer to the Payment Form for details.

**REFUNDS / CANCELLATIONS**

Cancellation of a voyage within six weeks of sailing are non-refundable, unless that voyage can be re-allocated to another Trainee. Refunds will be made at the discretion of the Trust less a \$50.00 admin fee. If a cancellation is due to illness or injury (medical certificate is required), a full refund will be made.

**VOYAGE SAFETY**

The Spirit of Adventure Trust uses its best endeavours to ensure that any voyage is safe for all those involved. Participation in a voyage, however, will involve both physical effort on the part of the Trainee, and exposure to greater than usual risk.

The Trust attempts to minimise these risks by being a responsible and professional organisation with high standards of safety and discipline when on a voyage. For this reason, Trainees must agree to abide by the safety and other instructions given to them and be able to meet the minimum fitness and health requirements set out by the Trust.

By signing this form you and your parent(s)/guardians agree:

- ▲ to accept the risks inherent with any voyage
- ▲ to comply with the safety standards and directions given to you while on board
- ▲ that the Trust, its servants and agents (whether negligent or not) shall not be responsible for any injury, accident, loss, damage or expense suffered by you on a voyage

**PERSONAL ITEMS**

The Spirit of Adventure Trust cannot be held responsible for any damage to property or belongings taken aboard the vessel and you should arrange for your own insurance of these items.

**PHOTO CONSENT**

During your time on board, photographic images are taken of various activities and achievements of Trainees. Spirit of Adventure Trust may use these images to help promote the Trust and its programmes by way of publication in print, online and general media. Your consent is given by signing these Terms and Conditions on this Enrolment Form. Please note this does not include general photos taken by Trainees, other voyage participants or the official group voyage photo.

**PRIVACY ACT AND MEDICAL INFORMATION**

The information collected by the Trust in this form is used for the purposes of assessing your suitability for the nominated voyage, and for the use of the Trust in organising and administering the operation of the Trust's vessel Spirit of New Zealand. The information will also be used to send you further information about the voyage, and the Trust's activities.

**RELEASE FROM LIABILITY AND CONDITIONS OF PARTICIPATION**

I acknowledge that I have read the Terms and Conditions of this Enrolment Form, and if accepted by the Spirit of Adventure Trust to take part in a 5-Day Inspiration Voyage, I agree to abide by these and the instructions given to me by the Trust.

Trainee (signature): ..... Date: ..... / ..... / .....

**PERMISSION *To be signed by Parent(s)/Guardian(s)***

I/We the Parents/Guardians of the above Trainee, acknowledge that I/we have read the Terms and Conditions of this Enrolment Form, and that I/we consent to the Trainee being nominated for, and if accepted, taking part in a 5-Day Inspiration Voyage.

Parent(s)/Guardian(s) (signature): ..... Date: ..... / ..... / .....

Address: ..... Post Code: .....



APPLICATIONS CLOSE **THURSDAY 31 OCTOBER 2013**

**Voyage No:** 656INS **Dates:** 28 January - 1 February 2014 **Port:** Princes Wharf, Auckland

THIS FORM IS TO BE **COMPLETED AND SIGNED BY THE SCHOOL OR AGENCY** THAT IS NOMINATING THE APPLICANT.

### NOMINATOR DETAILS

Name of Nominator: .....  
First Names Last Name

School or Agency: .....

Address: ..... Post Code: .....

Work Phone: (.....) Mobile: (.....)

Email: .....

### TRAINEE DETAILS

Name of Trainee: ..... Date of Birth: ..... / ..... / .....

First Names Last Name

Type of disability: .....

### NOMINATOR INFORMATION

**This information is important as it will help us in the selection process. The application will not be accepted if it is not completed in full. The more details you give us, the better the chance for selection.**

1. Please detail how this disability affects the applicant. We need to know what help they would need, and how they would manage their disability on board. Bearing in mind the deck moves, there are stairs to negotiate and minimal privacy - any special requirements the applicant may need.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....





**NOMINATOR INFORMATION cont.**

2. Please tell us why you nominated this applicant. We would like to know how this person would benefit from the Inspiration Voyage. The more information we have, the better the chance of selection.

.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....

**NOMINATOR SIGNATURE**

Name of Nominator: ..... Date: ..... / ..... / .....

First Names

Last Name

Nominator Signature: .....

**DEADLINE**

We have to recruit support personnel and arrange travel well in advance, so please ensure that this completed application form is returned to us **by Thursday 31 October 2013.**

**PLEASE RETURN COMPLETED FORMS TO:**

**Spirit of Adventure Trust**

POST: PO Box 2276, Shortland Street, Auckland 1140

FAX: 09-379 5620

EMAIL: info@spiritofadventure.org.nz

AUG 2013



## SPIRIT OF ADVENTURE TRUST

Princes Wharf  
Cnr Hobson Street & Quay Street  
Auckland, New Zealand  
PO Box 2276, Shortland Street  
Auckland 1140, New Zealand

p. +64 9-373 2060  
f. +64 9-379 5620  
e. [info@spiritofadventure.org.nz](mailto:info@spiritofadventure.org.nz)  
w. [www.spiritofadventure.org.nz](http://www.spiritofadventure.org.nz)

